

ARCADIA NURSING & REHAB CENTER

October 2017

Lisa Nottingham, Administrator
Lisa Splawn, RN, DON



Department Managers

Activities/Social Services

Betsy Justis

Environmental Services

Ella Benn

Dietary Manager

Mikka Edwards

Marketing/Admissions

Cynthia Wallop, RN

Human Resources/Payroll

Amita Drummond

Maintenance

Terry Collins

Unit Manager

Tina Denston, LPN

Business Office

Shantel Lewis

Activities

Well, we will soon have little ghosts and goblins knocking on our doors looking for a trick or treat. Nights will be getting cooler and the leaves on the trees will be changing colors.

We have an exciting month planned for October. We will be welcoming a few new people that will be conducting bible study and doing church services on Sundays.

Our Men's night was a huge success and I am hoping Ladies night will be too. This month students from the local headstart will be here trick or treating on the morning of Halloween and we will have a Halloween party that afternoon.

Also, the activity department has a Fall Basket raffle, to help raise money for the activity department. In the basket are several fall scented candles, an owl tart burner with fall scented tarts, fall decorative signs, fall dish towels and potholders. The tickets are \$1 a piece or 6 for \$5.00. The winner will be drawn on November 1st.

Welcome - Roy Benson, Nina Blackwell, Betty Branch, Mildred Brown, Joyce Burns, Martha Burns, Eva Hall, Evelyn Hickman, Hazel Justis, Myrie Killmon, Thomas Lust, Melvin Taylor, Greatha White and Leon Wright. May your stay here be a pleasant one.

Sympathy - Thoughts and prayers to the family of Betty Ridley.

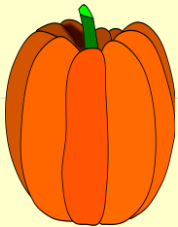
October's Birthdays

A very special "Happy Birthday" to everyone who celebrates a Birthday in October. The birthstone is Opal, which symbolizes faithfulness and confidence. The flower is the Calendula.





***Ellen's Corner** - Hello everyone! My name is Ms. Ellen Woods and I live at Arcadia Nursing & Rehab Facility. I remember when I was a child going house to house on Halloween. We would get candy apples and sometimes we would get nothing. When we did not get anything we would soap the windows of the houses. My grandmother would get a phone call telling on me and I would have to go clean off all the soap. I wish you all a safe and Happy Halloween.



Pumpkin Soup

Ingredients:

- 2 - lbs. pumpkin (chopped into large chunks)
- 2 – medium onion, sliced
- 2 – cloves of garlic
- 3 – cups of chicken or vegetable stock
- 1 – cup of milk
- Salt and pepper

Instructions:

1. Combine all ingredients (except salt and pepper) in a saucepan and bring to boil, then reduce heat and let simmer until pumpkin is tender.
2. Remove from heat and use a stick blender to blend until smooth.
3. Season to taste with salt and pepper, and then serve with crusty bread.
4. Variations: For a richer finish, substitute the milk with cream, but add after blending and do not bring to boil.
5. Garnishes: Dollop of yogurt, sour cream or crème fraiche goes wonderful